

Rob Houston
Principal

Andrea Hayden
Deputy Principal



2024 DIARY DATES

TERM 1

Mar

Fri 29 Good Friday Public Holiday

Apr

Mon 1 Easter Monday Public Holiday
 Tue 2 3 Way Conferences
 Wed 3 3 Way Conferences
 Thu 4 3 Way Conferences
 Fri 5 Assembly hosted by W2
 Tue 9 Metro Swimming State Championships
 Fri 12 Early Dismissal – 2:10pm

TERM 2

Apr

Mon 29 Pupil Free Day

May

Mon 6 Sports Committee Meeting – 6pm
 Wed 8 Parent Association Meeting – 9am
 Fri 10 Assembly hosted by P20
 Tue 14 Southern Heights District Cross
 Country Carnival
 Canteen Committee Meeting – 1:45pm
 Education Committee Meeting – 6pm
 Tue 21 Governing Council 6:30pm
 Fri 24 Assembly hosted by W4

[2024-Family-Calendar-1.pdf \(belairps.sa.edu.au\)](https://belairps.sa.edu.au/2024-Family-Calendar-1.pdf)

FROM THE PRINCIPAL

On behalf of Belair Primary School I would like to wish our whole community a safe and enjoyable break over Easter and I look forward to seeing everyone come back a little refreshed as we begin the last two weeks of term 1.



We would like to congratulate our OSHC Director, Melissa Clark and her team for meeting all 7 Quality Standards after the recent Education Standards Board rating and assessment process. This has been achieved while also having moved the OSHC service on two occasions in the past 18 months. Well done to all!

ACKNOWLEDGMENT OF COUNTRY

On the Friday of week 4, all of the SRC class reps from across the school came together to discuss a new school Acknowledgement of Country. We took our shoes and socks off and stepped outside to the oval, we took some time to feel, hear, smell and see the land.

After this we worked together to create our own wording of an acknowledgement. We listened to the ideas of all of the SRC class reps and made this acknowledgement of country :

We meet here today on Kurna land. We acknowledge the land we meet on and take time to see, hear, feel and smell the land. We acknowledge those whose footsteps we walk in and the knowledge they hold about the land. We are grateful for the Kurna land we learn on today.

ZONES OF REGULATION

Last Wednesday evening Billie Harley, Occupational Therapist, presented an information session for parents on the Zones of Regulation. We explored each zone and reflected about ourselves in the Zones. There was rich discussion amongst parents and connections were made over morning struggles and tired children. We were able to share the learning that has been happening here at school and how home can support with consistent language and understanding. Attached is the parent handout from the information session. Keep a look out for a follow up session happening next term.

If you are interested in finding out more about Regulation the QR code below is a link to a course developed by the Department for Education's Self-Regulation Service. The online resource is designed to:

- Help you understand regulation
- Will give you examples of how you can respond to your child's big feelings
- May take up to 1 hour
- Does not need to be done all at once. ·



Link to resource: [Regulation Parent Resource](#)

HARMONY DAY

Last week Belair Primary School celebrated Harmony Day.

Each student was invited to create a handprint showing what harmony meant to them. We now proudly display our Harmony Tree in the front office, showing a wonderful sense of community, inclusiveness, celebrating diversity and respect.



CASUAL DAY

Friday 12th of April is the last day of term 1, as usual the last day if term is a casual day we have decided to support the Indigenous Literacy Foundation. Please get your child to bring a gold coin donation if they want to wear casual clothes. We thank you for your support to our chosen charity and hope to see as many of you as possible wearing casual clothes on the last day of term 1.



Kind regards, SRC Executive council

OSHC VACATION CARE

There are still vacancies for most days of our April vacation care program, including on some excursions. We are offering a variety of fun and exciting sessions, including an animation workshop, a gymnastics excursion, a game show and 'Round the Magical Lands' incursion, planned by OSHC children. Please see the school website for our April Vacation Care program.

[April Program \(belairps.sa.edu.au\)](http://belairps.sa.edu.au)

OSHC will be open for the pupil free day on Monday 29th April and we are running a 'Walk Like an Egyptian' incursion. There are some spaces still available.

PASTORAL CARE WORKER

Dear Belair Families

This is a reprint of an article I wrote a few years ago. I had forgotten about it, but it is something of which I needed to be reminded! Maybe you do too 😊.

When did freight trains become so annoying?

Just the other morning I was walking to my other job when I was held up by a very long freight train. I was frustrated. The train was so slow! I was in a hurry. I couldn't go anywhere. My Fitbit stats for my walk would be all messed up!

And then I had a sudden thought. When did freight trains become so annoying? My girls and I used to love freight trains. Freight trains were big, powerful, and noisy. They were exciting! The cars seemed to go on forever. We counted the cars. We wondered what was in the containers. We wondered why some cars were empty. We guessed from where the train was coming and where it might be going. Freight trains were fascinating in all kinds of ways.

So, I pondered my question, when did freight trains become so annoying? I can't pinpoint a specific day, but I know it happened when my life became a perpetual cycle of being in a hurry. I am always in a hurry. I hurry to school and hurry home from school. I hurry to my meetings. I hurry through the grocery store. I hurry to my next task. I am always thinking, "What's next? I must hurry!"

My constant state of hurrying was brought to my attention by a young student one day. This endearing young person always peppers me with questions: "What are you doing?" "Where are you going?" "What is that?" One day, he asked me, "Why are you in a hurry?" I had to stop because I didn't have an answer. I had no reason to hurry. No one was waiting for me. I didn't have a meeting. I didn't need to be anywhere in particular at that moment. I was hurrying because that is what I always do.

I am hurrying through life, and all of a sudden, the wonder of freight trains becomes the frustration of freight trains.

I realised as I stood there, watching the train, I had a choice. I could get all huffy and mad because I was stuck; or I could marvel at the power of a freight train. I could count the cars. I could guess from where the train came, and where it was going. I could remember how exciting freight trains are to little girls.

There was nothing I could do to change the fact that I had to wait for a freight train. I had no choice regarding my situation. The choice was in my attitude and the thoughts I chose to contemplate. As I thought about the delight freight trains brought to my young girls so many years ago, I found myself smiling. It was a good moment. An unhurried moment. I need more of those. Do you?

Sara Walding, Pastoral Care Worker

sara.walding521@schools.sa.edu.au

In school: Tuesday afternoon; Wednesday and Friday all day

PARENT ASSOCIATION NEWS

We had a wonderful AGM and are thrilled to announce we now have a new executive! President Stacey Hargroves, vice-president Rachael King, Secretaries Kristy Rosie and Christine Rowland, Treasurer Natasha Jean, Governing Council Rep Alicia Be and Class Parent Rep Christine Rowland! Thank you so much to all our new members for stepping up this year!!

SCHOOL COLOUR RUN!! Set for the 24th May (Term 2, Week 4) After feedback from the school community we are doing things a little differently this year. The Parent's Association will be putting on the Colour Run in-house instead of through a school fundraising company. Which means we will be buying our own colour and going through a funding platform (we are still working this out), and while there will still be weekly incentives for classes who raise the most donations there won't be any prizes at the end, which means the school will keep 100% of the funds raised!

We will also be giving each child a pair of colourful sunglasses to use on the day and take home! This years Colour Run will be raising funds to go towards improving performing arts equipment and furnishings in the School Hall! More info will be sent out closer to the date.



SCHOOL MOVIE NIGHT! Set for the **28th June** (Term 2, Week 9) Mitcham Cinemas.

Tickets will go up on Flexischools next term so keep an eye out. The Parent's Association subsidises the tickets to keep costs down for families to make this a great community event for the school. This year the movie will be Despicable Me 4!

Entertainment Books: With holidays approaching and more venues now reopening it's a great time to invest in an entertainment book. You will not only be saving yourself money but at the same time raising money for your school without having to do a thing. How easy is that! 20% of the purchase price comes directly to the school.

Follow this link to order: [Belair Primary School \(entertainment.com.au\)](https://www.entertainment.com.au/belair-primary-school)

PA Facebook Volunteers Group: If you would like to be a part of this group please go onto the page Belair Primary Volunteers <https://www.facebook.com/groups/4098870430176522> and request to join, we appreciate any and all help with our events throughout the year.

Parent Association meeting: Our next meeting will be held on **Wednesday 8th May at 9am in the staff room**. Meetings go for about an hour. Come along to hear what's happening in the school, offer help, or throw your ideas into the ring. All parents and carers are welcome!

Contact the Parent Association: If you want to ask the PA a question or make a comment or suggestion, please email stacey@hargroves.net and we will respond asap.

CANTEEN NEWS

We are trialling some different ideas in the Canteen this term and we started off by introducing different specials on certain days. Mexican Mondays and Pizza Wednesdays started us off. Mexican burrito bowls and Mexican melts have become very popular, they're something a bit different and a healthy option. One of our year 6 boys actually said "the burrito bowl was better than Zambrero's", worth a try on that recommendation alone I think!

In our aim to add some more healthier options to the Canteen menu we have teamed up with GD fruit and Veg suppliers so we are supporting a local business and using the best of the best fresh produce. Make sure you check out our full menu on flexischools for all of our delicious items including our new healthier options and specials.

Healthy yoghurt pops (frozen yoghurt , various flavours) are now available for only 50c

We have celebrated Easter this week with a special Easter lunch option of croissant and choc milk and Hot x buns for recess, these are a very popular favourite every year.

As a very special treat and some fun for the students we also had some Easter treats for sale on Thursday to celebrate.

We will be running the Canteen stock down after Easter as we head towards the school holidays but watch out for our “winter months” specials and meal deals.

Have a very safe and happy Easter

Thanks

Julie

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Julie.croft558@schools.sa.edu.au

CANTEEN ROSTER

WEEK		Monday	Tuesday	Wednesday	Thursday	Friday
10	25 th Mar– 29 th Mar	Easter Monday Public Holiday	Jan Waller	Jacki Anderson	Raylene Sheehan	Janet Wooding Amanda Ashley
11	8 th Apr – 12 th Apr	Julia		Ann Scrivens	Raylene Sheehan	Dannii Olsen Sam Betros Holli Renton
Term 2						
1	Pupil Free Day				Di Miles	Amanda Ashley Raylene Sheehan

COFFEE CART

With the mornings getting chillier, don't forget to visit our resident barista, Rory from Let There Be Coffee, every Wednesday morning!

After an adventure in New Zealand, Rory will be back and set up every Wednesday morning under the COLA from 8:00am – 9:00am.



COMMUNITY NOTICES

Although the mornings are milder, we are still seeing beautiful warm days. This has seen an increase in the amount of bees and wasps that are hanging around to enjoy the sunshine.

If you notice a European wasp nest on / near your property, please contact your council for free removal.



Please be mindful of our neighbours when parking at pick up and drop off times and avoid parking in front of/ across driveways on Main Rd and Laffers Rd.

2024 FOOTBALL REGISTRATIONS

For those interested in their children playing AFL for the school, the season is Terms 2 and 3, with Year 2s and up, boys and girls, eligible to play. Our focus is participation and learning. Training is once per week at a time determined by each team's coach, games are Saturday mornings with start times varying between 8:30 and 10.30 at a central location (Waite campus footy oval).

The registration link is now open: [Football - BPS \(belairps.sa.edu.au\)](https://belairps.sa.edu.au/football)

If you have any queries, please contact Lisa Jamieson, Footy Coordinator at lisa.jamieson@adelaide.edu.au

HIGHSCHOOL TOUR INFORMATION

Join the Mitcham Girls High School Twilight Tour and gain a firsthand look at the only all-girls school within the South Australian Education Department.

Experience their facilities and uncover the distinctive educational pathways on offer. Whether you're a prospective student or a parent/caregiver exploring educational options, the Twilight Tour provides a prime opportunity to inquire about enrolment processes, explore diverse curriculum offerings, and embrace the nurturing and empowering atmosphere that sets Mitcham Girls High School apart.

The evening begins with a warm welcome from Principal Rosie Heinicke and an introduction to their Peer Leaders. Following this, set off on a comprehensive school tour, concluding with a BBQ in their Pavilion.

DATE: Wednesday 3 April 2024 4:30 PM - 6:30 PM

To register, visit: <https://www.mitchamgirlshs.sa.edu.au/school-tours/>

 **MITCHAM GIRLS
HIGH SCHOOL**

**TWILIGHT
TOUR**

**WED 3 APRIL
4:30PM - 6:30PM**

Experience the unique opportunities at
Mitcham Girls High School with
Principal Rosie Heinicke and a BBQ!
To register, visit [mitchamgirlshs.sa.edu.au](https://www.mitchamgirlshs.sa.edu.au)



Springbank
Secondary
College

THE CHANGING FACE OF EDUCATION AT SPRINGBANK SECONDARY COLLEGE



OPEN COMMUNITY EVENT

FOR ALL CURRENT AND FUTURE FAMILIES

Hear about the innovative approaches used from 2025 to improve educational outcomes for young people. Our holistic, research informed strategy will build academic outcomes, a greater sense of belonging, and more successful post school pathways fit for our cohort.

**APRIL 11
6PM - 7PM**

SCAN THE QR CODE FOR BOOKINGS

[Click here to register](#)

