

# **Newsletter No. 3**

Week ending Friday 30 March 2023

Rob Houston Principal Leanne Twigden Deputy Principal

### FROM THE PRINCIPAL

As has been shared in our recent Annual Report (available for download from the school website) we had 162 responses to the Department for Education 'Parent Engagement Survey' in 2022. The survey is designed for us to gain parent perspective and opinion into the following aspects of our school.

- People are respectful
- Teachers and students are respectful
- Child is important
- Receives enough communication
- School communicates effectively
- Knows standard of work (parent)
- Receives useful feedback (parent)
- Has useful discussions (parent / school)
- Has input into learning (parent)
- Has good home learning routine
- Education is important
- Equipped to plan pathways
- Encouraged to help child learn
- Receives learning tips

The survey continues to show a strong acknowledgement of respect for each other and the respectful relationships between teachers and students. Over the past 2 years the following areas have presented most highly for development.

- I would like more help with my child's learning (receives learning tips)
- The school provides me with an opportunity to have input into my child's learning (has input into learning)
- I have useful discussions with the school about my child's learning (has useful discussions)
- I know what standard of work the school expects of my child (knows standard of work)

In seeking ways for us to make improvements in this area, in late 2022 the school Education Committee (a sub committee of Governing Council) followed up the Department survey with our own to see if we could establish more detail around what families are looking for. The survey included questions such as:

How else could the school help you with your child(ren)'s learning?

How else could the school provide opportunities for parents/caregivers to have input into their children's learning?

### **2023 DIARY DATES**

## TERM 1

<u>APRIL</u>	
3 - 6	3 Way Conferences continue
Tue 4	Yr 5 Road Crossing Monitor Training
Wed 5	Easter Raffle Draw 2:40pm
Fri 7	Good Friday

Mon 10 Easter Monday
Fri 14 CASUAL DAY

End of Term - Early dismissal 2:10pm

### TERM 2

	<u> </u>			
<u>MAY</u>				
Mon 1	Pupil Free Day			
Tue 2	Day 1, Term 2			
Thu 4	State Swimming Championships			
Mon 8	3/4C & 3/4D Aldinga Camp			
	Sport Committee 6pm			
Tue 9	3/4B & 3/4E Aldinga Camp			
Wed 10	3/4A Aldinga Camp			
	PA mtg 9am			
Fri 12	Assembly hosted by Japanese			
Tue 16	Education Committee 6pm			
Thu 18	Finance Committee 12.45pm			
Fri 19	Grounds Committee 10am			
	District Cross Country			
Wed 24	School Tour			
Fri 26	Assembly hosted by 5A			
29/5-2/6	Reconciliation Week			
	R-2 Water Safety Education			

#### Yearly Calendar

2022-FAMILY-Yearly-planner.pdf (belairps.sa.edu.au)

What other opportunities could the school provide parents/caregivers to have useful discussions with the school about their child(ren)'s learning?

How else could the school provide information about the expected standard of work for students?

Thank you to those who participated in this survey. The more detailed information collected is helping to inform the Education Committee to make further improvement in these spaces across 2023.

One initiative that we would like to start, will be to hold parent workshops, to provide practical tips and information to support our learners in the classroom. We are running a survey to find out the most suitable

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times for these workshops to be held and what topics you would like to be covered. So far suggestions have included: reading at home, mathematics in the classroom, IB & PYP, ipads from school to home, Google classroom, digital safety, interpreting NAPLAN, formative assessment, breakout spaces for regulation and inclusive education.

To participate please follow the link: <a href="https://forms.gle/soLPMaZmE6QQ3Uor6">https://forms.gle/soLPMaZmE6QQ3Uor6</a>

#### **Newsletter delivery**

We are continuing to seek a better solution for the delivery of the school newsletter and bulletin. We are currently exploring a new process and online format for the presentation of this important communication. We are aiming to have this in place by the beginning of term 3. In the meantime your access to the newsletter will be via:

- 1. Email with the newsletter attached as a pdf
- 2. School website via newsletter tab

Thank you for your continued patience as we work towards an improved system.

#### **BELAIR PS REUNION**



In October 2022 a group of ex pupils from Belair Primary Grade 7 class of 1958, gathered together to reminisce on their school days over lunch in the Hall of the Belair Uniting Church. Many reunions have been held since 2001 but this is the first time they were able to be together since Covid, some travelling from NSW for the occasion. Plans are in place to meet again this year in November 2023. Photograph was taken by Lesley Ludgate also a previous pupil of Belair School.

### **MOMOYAMA ONLINE EXCHANGES**

Year 6 students from 6A and 6C had a chance to interact with Momoyama students online.

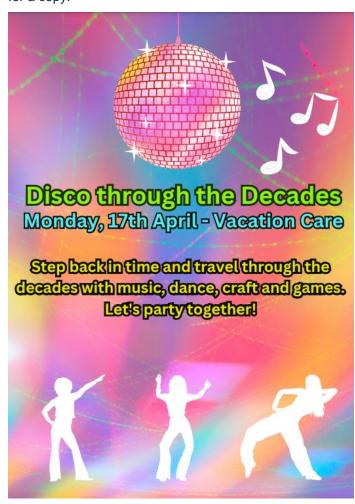
Momoyama students made a presentation on aspects of the Japanese culture, such as traditional card games, food and architectural features. Our students were curious and asked many questions. They made positive comments and feedback on their presentations in Japanese. Well done, everyone.

We will continue to organise online exchange opportunities throughout the year.



### **APRIL VACATION CARE**

We still have spaces available on some exciting Vacation Care days, including a fun-filled day at the cinema and playground and our 'Disco Through the Decades' day, where we'll be travelling through time on the dance floor. We also have spaces available on some other unforgettable incursions. See the school website for our program or drop into the OSHC service for a copy.



### PASTORAL SUPPORT WORKER

Dear Belair Families,

I've really enjoyed a 'normal' start to school this year after all the COVID adjustments over the past few years. I'm having fun visiting classrooms talking about feelings, friendships and well-being. This year I'm trying to embrace my mistakes, failures and disappointments. I'm trying to own them, and learn from them. Since that is what we want our kids to do, I reckon I should as well.

As a mum, I spent a great deal of my time protecting my children from disappointment, making mistakes and failure. I have always wanted my children to perform well in school, sports or whatever task they were undertaking.

When my girls were in primary school, I felt particularly distressed when they were disappointed for whatever reason – not being invited to a party, missing out on a free balloon, being given a second place ribbon at sports day (even though I *know* she came first), receiving an unwanted/broken gift from "Secret Santa". Every ounce of me wanted to 'fix' what I perceived to be unfair for my daughter. Sometimes I was able to refrain from fixing the problem, sometimes I did step in.

Now that my girls are adults, I can honestly say I am very grateful for the failures and disappointments they had to endure when they were younger. The research is clear: our children need to learn how to deal with disappointment and failure. When we continually rescue our children from upsetting situations, they never learn how to manage the strong emotions that result. Without the skills to manage these feelings, our children will be unprepared to manage the emotional roller coaster of the teen years and beyond.

One of the best things you can do for your children is let them fail. Let them experience disappointment. If they can learn to manage the feelings while they are young, surrounded by family who love them, they will be so much better equipped when the really hard things come along. Managing feelings requires practice. Our children need to practice!

The best test results my daughter ever had was a FAIL in year 10. Until that point, she had rarely received anything lower than an A-. She was always focussed on achievement. And then, seemingly out of the blue, she failed a maths test. I don't know why she failed and I really don't care. From that failed test my daughter learned:

- She can fail a test and everything will still be ok.
- Her Dad and I love her unconditionally and her test results have nothing to do with how much we love her. (For some reason she thought we would be mad at her – I think that was a parenting fail.)
- What not to do before a big test. (I never asked her why she failed. I figured she knew and could work it out for herself.)

It seems counter-intuitive, but one of the best things you can do for your child is to let her fail. Let him be disappointed. Don't do his homework for him. Let her have the satisfaction of getting recognition for her own achievements or, on the other hand, facing the

consequences if she doesn't do what she should. By all means, guide and support your children, but don't rob them of life experiences and learning that they need to have. And of course, the most important thing of all is to let your children know that they are loved unconditionally, irrespective of their achievements or failures

Sara Walding, Pastoral Care Worker

Sara.Walding521@schools.sa.edu.au In School: Tuesday afternoon; Wednesday and Friday all day

#### PARENT ASSOCIATION

PA AGM News: We had a wonderful AGM last week and are thrilled to announce we now have a new executive! President Stacey Hargroves, vice-president Rachael King, Secretary Kristy Rosie, Treasurer Amanda Mason, and Governing Council Rep Ande Lim! Thank you so much to all our new members for stepping up this year!!

Easter Raffle: By now all raffle tickets will have been



sent home in your youngest child's bag. We'll be making up the hampers/baskets on Monday 3<sup>rd</sup> of April, so put the date in your diary if you've got an hour or so to spare straight after school drop-off. It's always lots of fun! We are also using Fairtrade chocolate as much as possible this year

for both the raffle and the eggs that go out to the children in their classrooms.

The Raffle will be drawn on Wednesday the 5<sup>th</sup> of April. Good luck to all families!

**SCHOOL QUIZ NIGHT:** we are running the School Quiz Night again this year! Date TBD (possibly Term 3). It is always a lot of fun, with dress ups and prizes and games! We need lots of help to run it so if you are interested in helping with the event we are forming a committee shortly, please email stacey@hargroves.net.

**Entertainment Books:** With holidays approaching and more venues now reopening it's a great time to invest in an entertainment book. You will not only be saving yourself money but at the same time raising money for your school without having to do a thing. How easy is that! 20% of the purchase price comes directly to the school. Follow this link to order: Belair Primary School (entertainment.com.au)

**PA Facebook Volunteers Group:** If you would like to be a part of this group please go onto the page Belair Primary Volunteers

https://www.facebook.com/groups/4098870430176522 and request to join, we appreciate any and all help with our events throughout the year.

**Parent Association meeting:** Our next meeting will be held on <u>Wednesday</u> 10<sup>th</sup> May at 9am in the staff room. Meetings go for about an hour. Come along to hear what's happening in the school, offer help, or throw your ideas into the ring. All parents and carers are welcome!

**Contact the Parent Association:** If you want to ask the PA a question or make a comment or suggestion, please email <a href="mailto:stacey@hargroves.net">stacey@hargroves.net</a>.



#### FROM THE COUNSELLOR

Did you know that we are not that different from our kids when stress kicks in?

No one really copes well when tired, hungry, overwhelmed or when we lose our sense of control. The difference is that we can think, reason and apply logic before we act or make decisions. Our kids, on the other hand, are still learning to identify and understand their emotions as they find ways to manage them appropriately.

Our children's internal working models - the way they will grow to understand themselves, others and the world - will reflect how loved, supported, understood and listened to they felt during the early years.

I leave you with this beautiful message that someone shared with me recently.

Does it speak to you in the same way it did to me?

"As their parent, you get them at their worst.

You get them at their worst because they feel comfortable enough with you to show their true emotions.

You get them at their worst because they trust you enough not to ever leave them.

You get them at their worst because they don't have to pretend with you.

You get them at their worst because you are their soft place to land. Their home. Their safe haven.

You get them at their worst because they know without doubt or hesitation that you will love them, always and forever, no matter what...."



Feel free to reach out if you would like to chat with me about yourself or your child. I will be more than happy to help you in any way I can!

Maria Naranjo Mendoza tca209999@tabor.edu.au

### SUPPORT' LOCAL CAMPAIGN

We are pleased to announce that \$975 was raised for Belair Primary School in our February 'Support' Local Campaign, where \$5 from every meal purchased on Mondays, in the main bar, is donated to Belair PS.

Chris Beaumont Venue Manager



#### CANTEEN

We have had a busy term 1 so far, and Thursday was no exception, with the very popular Showdown donut recess, a whopping 340 donuts were ordered and enjoyed.

Thankyou to you all for your support of the Canteen especially our special event days. Holding these days helps us to keep on top of the finances and allows us to keep our prices as low as we possibly can.

Next week we will celebrate Easter with lunch specials all week and on Wednesday and Thursday we will have our annual Easter treats. If you are able to help with any donations of Easter themed goodies, it will be greatly appreciated. They can be dropped into the Canteen any time through the week.

Happy Easter to everyone

Julie 8278 6439 Julie.croft558@schools.sa.edu.au

#### **FOOTY**

School footy nominations now being accepted for students in Years 2 to 6, males and females. Games for boys are Saturday mornings, commencing Sat May 20th. Games for girls are Tuesday afternoons, commencing Tues May 23rd. Training one day after school; specific day to be confirmed. Enrolment is directly through SANFL and cost is \$70. For further details, please contact -

lisa.jamieson@adelaide.edu.au



#### **NETBALL**

#### Netball Players Needed (Years 3, 4 and 5)

We have received so many netball registrations this year, which is really exciting!

We currently have 15 players in our Year 3, 4 and 5 teams. This is great news as it means we have enough players to make two teams across all three of these year levels - but it also means that some of these teams don't have spare players. Ideally, we'd love to get another couple of players across these year levels, if we can.

If you have a student in Year 3, 4 or 5 that would like to play netball - now is the time! We would absolutely love them to join one of these teams to help boost the numbers.

If you are interested in joining feel free to reach out to me direct via email (<a href="jodie@sweetcopy.com.au">jodie@sweetcopy.com.au</a>) or my mobile (0412 855 287), or you can sign up directly via the link on the school website –

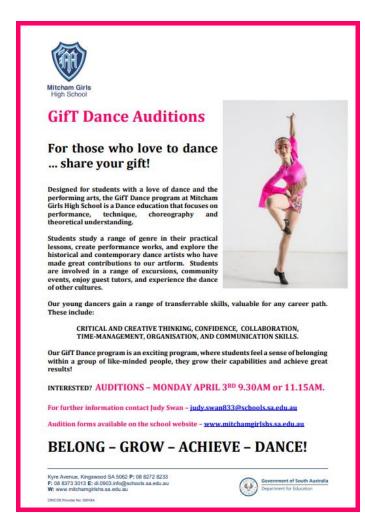
http://belairps.sa.edu.au/course/netball/

Thanks,

Jodie Netball Coordinator







### **CANTEEN ROSTER**

3 April	4 April	5 April	6 April	7 April
Julia	Danae Sudo	Holli Renton	Raylene Sheehan	Good Friday
10 April	11 April	12 April	13 April	14 April
Easter Monday	Danae Sudo	Raylene Sheehan	Di Miles	Belinda Blockow Josie Caltigirone

<sup>\*</sup>If you are unable to work please try and swap with someone else first and then let me know. Thanks

### **COMMUNITY NOTICES**

- FLAGSTAFF HILL GOLF CLUB TERM 2 CLINICS (6 weeks) Every Wednesday 10th May 14th June TIME: 4pm 5pm COST: \$65 To book or find out more visit: <a href="www.fhgc.com.au/golf/junior-golf">www.fhgc.com.au/golf/junior-golf</a>
- PAEDIATRIC ALLIED HEALTH CLINIC in Woodcroft. We currently have immediate availability for Play Therapy, Art
  Therapy and Social Work with a short waitlist for Occupational Therapy and Speech services. Nurturing Gnomes
  Admin Team, Ph: 7288 1171 Email: <a href="mailto:admin@nurturinggnomes.org">admin@nurturinggnomes.org</a>
- **HELEN RICE TENNIS SCHOOL FRENCH OPEN GRAND SLAM CLINICS** in the upcoming April School holidays. Register online at: <a href="www.helenricetennis.com.au">www.helenricetennis.com.au</a> or Email: <a href="helenricetennis.com">helenricetennis.com</a>