

SPORTS DAY

Thursday 24 November 2022

Year 3 – Year 6

Version - 22/11/22



11:30 – MARCH OUT, WELCOME AND WARM UP DANCE – JUMP AROUND KSI
 11:45 – HEAD TO EVENT
 11:50 – EVENTS TO START - please refer to program
 2:45 – YEAR 3/4 HEAD TO COLA FOR SPRINTS/YEAR 5/6 TO TEAM SHADES

3—6 EVENTS	1	2	3	L	4	5	6
TIME	11:50	12:10	12:30	12:50 - 1:30	1:35	1:55	2:25
1. High Jump	2	4	3	L	5	7	1
2. Hurdles/ water relay	1	2	11	U	3	14	4
3. Discus	15	1	2	N	7	5	12
4. Long jump X 2	14/13	5	1/12	C	2	4/11	3/7
5. javelin X 2	4	3/7	5/15	H	12	13	11
6. Shot put X 2	5/7	13	14		1/11	2/12	15
7. Accuracy	12	11	13		15	3	14
8. Obstacle Course	11	12	4		14	15	13
9. Ball games X 2	3	15/14	7		13/4	1	2/5

Further information –

- If it is not your child's event day wear a splash of colour to support – no zinc/hair spray until it's their event day
- Children to wear appropriate clothing for the weather conditions remembering to be **SUN SMART and to SLIP, SLOP, SLAP.** Sleeveless tops are not to be worn.
- The school canteen will be open for ordered sushi through Flexi Schools. No other lunch orders are available. A limited amount of sausages will be available to purchase on the day. Snacks are available for the day.
- Students are expected to stay until the end of the school day.

Thank you for your support and assistance

