



# BELAIR PRIMARY NEWSLETTER



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Government of South Australia  
Department for Education

Newsletter Number 5

Week ending Friday 29 May 2020

**Rob Houston**  
Principal

**Leanne Twigden**  
Deputy Principal

## PRINCIPAL'S REPORT

### National Reconciliation Week – 27 May to 3 June

National Reconciliation Week is a time for all of us to explore how we can contribute to achieving reconciliation in Australia. This year's theme 'In this together' could not be more relevant, whether in a crisis or in reconciliation, we are all in this together.

### School Sport Update

This week the state government announced that from Monday 1 June restrictions for school related sport will be eased to allow:

- Non-contact sport competition can commence from 1 June 2020 (indoor and outdoor).
- Contact sport training activities can commence from 1 June 2020 (indoor and outdoor).
- Contact competition activities can commence from 25 June 2020 (indoor and outdoor).

We are now working closely with our school sport coordinators and the school affiliated sporting bodies and competitions. Here is what we know at the moment:

#### Football

- Aiming for games to commence Saturday 25<sup>th</sup> July, Week 1, Term 3
- Player registrations urgently needed by Fri June 5.
- Year 2s and up, boys and girls
- Coaches are required, if you can help in this way please contact Lisa Jamieson at [lisa.jamieson@adelaide.edu.au](mailto:lisa.jamieson@adelaide.edu.au)

#### Netball

- Aiming for games to commence Friday 24<sup>th</sup> and Saturday 25<sup>th</sup> July, Week 1, Term 3 based on Dept for Education advice to SAJNA
- Year 2 players are needed to register a team. Registrations needed by Fri June 5. All other year level team registrations are closed.
- A Year 4 coach is still required for the registered team. If you can help in this way please contact Kerrie Wooding at [Kerrie.Wooding75@schools.sa.edu.au](mailto:Kerrie.Wooding75@schools.sa.edu.au)

#### Soccer

- Aiming for games to commence Saturday 25<sup>th</sup> July, Week 1, Term 3
- Player registrations needed by this Sunday 31<sup>st</sup> May
- Coaches & referees are required, if you can help in this way please contact Veathika at [veathika@gmail.com](mailto:veathika@gmail.com)

#### Basketball

- Awaiting further information from the Blackwood Recreation Centre

## 2020 DIARY DATES

**Monday Afternoon** Uniform Shop open 3:00 – 4:00 PM  
**Wednesday Morning** Uniform Shop open 8.30 – 9.30 AM

### TERM 2

#### MAY

27/5-2/6 Reconciliation Week "In This Together"

#### JUNE

Mon 1 PA meeting 7pm via Zoom  
Wed 3 OSHC Management meeting 2pm via Zoom  
Fri 5 Assembly Hosted by Rm 5 "Virtual Assembly"  
Mon 8 Queen's Birthday Holiday  
Wed 10 School Tour 9.30am tbc  
Canteen Committee 1.45pm via Zoom  
Fri 12 Grounds Committee 10am via Zoom  
Tue 16 Education Committee 6pm tbc  
Thur 18 Finance Committee 2pm  
Tue 23 Governing Council 6.30pm

#### JULY

Fri 3 Last Day Term 2 – 2:10pm Early Dismissal

- Any further information contact Tania Campbell at [tania.yle@internode.on.net](mailto:tania.yle@internode.on.net)

#### School Sport Registration

You may register for all winter sports on the one form. Please go to the link:

<http://belairps.sa.edu.au/wp-content/uploads/2020/05/sport-registration-2020.pdf>

#### School Sport Training

We are aiming for training to commence soon, pending school volunteer coaching clearances and school volunteer program approval.

Gatherings of adults (at matches and training) will need to be kept to an absolute minimum. Spectators aren't permitted except for 1 parent/carer per student. All adults must practise appropriate physical distancing.

#### Assemblies

Room 5 will be hosting our first assembly for some time next Friday 5<sup>th</sup> June. While we can't have visitors in attendance or assemble together as a school the assembly is being prepared in a video format for all classes to watch from their rooms on Friday morning. The video will also



Respect

Responsibility

Creativity

Achievement



have an online presence for the school community to view and we are currently deciding on the appropriate on line platform for this. We will inform you via email on how to access the assembly next week.

### School of Languages

School of Languages will resume face to face lessons here at school from this Tuesday, 2<sup>nd</sup> June (week 6).

### COVID 19 reminders

- Social distancing for staff - staff keep 1.5m distance at all times whether it be outdoors, classroom , staff room or meetings.
- Social distancing for parents / carers means dropping off or picking up children outside of classrooms and maintaining social distance at all times. Carawatha parents / carers still need to collect their children from the building. Families leaving the school grounds promptly and before 3.30pm is appreciated.
- Social distancing for visitors, parents / carers and staff – the admin area and uniform shop
- Communication/ Teacher contact - We are not holding face to face interviews or meetings but we encourage the use of email, phone and see saw.
- Social distancing for students - Students practise social distancing by not engaging in close friendly contact, hand shaking, hugging and similar interactions in the yard. We ensure an even spread of students across the school yard by having R-2 students playing in the nature play area, junior primary oval, junior primary playground and the 'fake grass' area. Students in year 3 -7 access the asphalt spaces, year 6/7 playground and the oval.
- Students only using the drink fountains to fill their water bottles
- Students wash their hands regularly, particularly after using the toilet and before eating.
- Cleaning (extra 5 hours per day) – daily clean of playground, shared areas, classrooms, high touch surfaces and table tops.
- Volunteers – most of volunteer programs remain inactive. Volunteer groups will be coming back to the school in stages. Our first volunteer group to restart will be our sport coaches and we are currently working through this process. We are planning for of our volunteer groups to make a return in term 3 and we will keep you informed on this matter. It is timely though for volunteers, or those wishing to volunteer to ensure that they have all the necessary approvals and permissions to do so. Please contact Shelley Pohlenz at the front office if you have queries in regards to this.

## NATIONAL RECONCILIATION WEEK 2020



27 MAY – 3 JUNE 2020

We acknowledge the Kurna people as the traditional owners of the land and pay our respects to Elders past, present and emerging.

The theme for National Reconciliation Week 2020 – **In this together** – is now resonating in ways we could not have foreseen but it reminds us whether in a crisis or in reconciliation we are all in this together.

As Australians we are all **In This Together**; every one of us has a role to play when it comes to reconciliation, and in playing our part we collectively build relationships and communities that value Aboriginal and Torres Strait Islander peoples, histories and cultures.

Why not learn about Australia's Indigenous history by:

- Learn about the Kurna people, the local Indigenous language group of our area
- Visit Colebrook Home Memorial Park in Eden Hills to listen to their stories via the listening posts
- Creating hand prints to be displayed in your windows, an initiative by The City of Mitcham to get children involved

For further information please visit Reconciliation Australia

<https://www.reconciliation.org.au/national-reconciliation-week/>

## CROSS COUNTRY WEEK 6

During PE lessons next week children will be involved in a school Cross Country championship linked to School Sports SA. Points will be awarded to our School sports teams – Go Red, Blue, Green and Yellow.

Each age has a designated distance and students have been practising during fitness and PE. All students are encouraged to do their best.

Please remind your child to wear appropriate footwear on their PE day, pack a drink bottle and be ready to 'be active, have fun and try their best!'

We are unable to have any spectators at these events, due to the current COVID19 situation.

## PASTORAL SUPPORT WORKER

### History Makers

There is a podcast that I like to listen to called "History Makers". The show's host interviews individuals who have been remarkably successful in life. I'm always inspired when I hear these people's stories.

One thing I have noticed in listening to these people is that they don't necessarily have extraordinary talent, wealth or intelligence - although some are certainly gifted in certain areas. Interestingly, few of them are even famous. They are just ordinary people who have a passion for what they do and suddenly find themselves making a big difference in our world. It is also apparent that many of these History Makers aren't getting rich - and yet they are deliriously happy because they are doing what they love and believe in.

For quite some time, whenever I listened to the show, I'd find myself thinking, *I want to be a History Maker*. And then it occurred to me. I am a History Maker. You are a History Maker. The question isn't whether we are History Makers or not, for we are all making history in one way or another. The question is: What kind of history are we making?

Something to think about.

Sara Walding, Pastoral Care Worker

In school: Tuesday afternoon; Wednesday and Friday all day.

sara.walding521@schools.sa.edu.au

## CANTEEN

Thank you to everyone for supporting the Canteen during these unprecedented times. Most of you are back using the Canteen for lunches which is fantastic, thanks. I am working to keep a good range of food, snacks and drinks available but at times this may change as suppliers are still having trouble providing some items. Therefore, our menu may change so keep an eye out. Of course flexischools will always be up to date with what is available. On the up side I have some great specials and treats happening for the rest of term.

**"Butter Chicken & rice" \$6**

**"Spring rolls (2) and Fried Rice \$6 (vegetarian)**

**"Veggie Burgers" \$4**

Some winter warming recess items also available but you'll need to pop into the Canteen for those. I have also ordered more re-usable lunch wallets which are a must during winter to keep your food hotter, more hygienic and easier for students to use and identify their own lunch order. I will keep you posted as soon as they arrive.

Thanks

Julie

8278 6439



## OSHC

If you use the OSHC service and have not received an email from us in the last month, please call 82786709 or email [belair.oshc537@schools.sa.edu.au](mailto:belair.oshc537@schools.sa.edu.au) OSHC to update your contact details.

Melissa Clark

## BELAIR JEAN BONYTHON KINDY

Enrolments for Belair Jean Bonython Kindergarten are now due. If you wish to enrol your child for 2021, please contact Lynette Jones. In person, by phone 82783392 or email [lynette.jones60@schools.sa.edu.au](mailto:lynette.jones60@schools.sa.edu.au)

## SUE THOMSON - COUNSELLOR

I am really enjoying working here at Belair Primary School on Mondays as a Counsellor and thank everyone here for making me feel so welcome. There was a note in the second newsletter in term 1 introducing me, but I thought I would just let parents know that I am back and available on Mondays after the disruption of the CoVid break! I am happy to work with students and also happy to chat with parents if you would like a chat anytime. My email address is [Sue.Thomson279@schools.sa.edu.au](mailto:Sue.Thomson279@schools.sa.edu.au). I am working out of Sara's office and here all day.

Please feel free to contact me anytime.

Sue

I have included the original newsletter article in case anyone missed it.

*Last year, Belair Primary School piloted the placement of a graduate counselling student on site. The pilot was very effective with a number of families accessing the service. Following the success of the pilot, and in keeping with the importance Belair Primary School places on student and family well-being, we are pleased to continue the program this year. Sue Thomson will be our counselling placement student this year. Sue is studying the Master of Counselling Practice at Tabor College. This course is accredited by the Psychotherapy and Counselling Federation of Australia and is carefully structured to ensure safe, effective and quality delivery of counselling practice by Tabor's Masters students. Sue will be supervised by Tabor staff and will be monitored by Belair Primary School's student well-being team. Sue is a primary school teacher and has been working as a teacher for 40 years. She loves Performing Arts, particularly drumming and has been using drums and creative arts in her counselling work. She loves building relationships with kids, listening to their stories and helping them discover strengths and strategies to grow. Sue will be available to provide counselling services to students, parents and other family members on Mondays at Belair Primary School. She will work out of the Pastoral Care Worker's office near the uniform shop. There is no fee for the service. If you would like to make an appointment for yourself or your child, you can contact Sue.*





In-School Psychology operates out of our school. Counselling is a free service offered to students. This is bulkbilled to Medicare through the Better Access to Mental Health Care Initiative. Students become eligible for this counselling service when their GP or Paediatrician refers them to a Psychologist. They are then entitled to a maximum of ten individual sessions each calendar year.

As this service is provided at school, during school hours, it is convenient and easily accessible to families.

The Psychologist works with students with a range of difficulties including,

- friendship problems
- social skills
- behavioural difficulties at home or school
- grief or loss
- anxiety
- depression
- fears/phobias
- anger management
- autism

If you feel your child would benefit from working with the Psychologist, please contact school leaders for more information.

Free Parenting SA webinar  
**Handling sibling conflict proactively so they fight less and stay connected**




**Free parenting webinar**  
 Are you tired of sorting out sibling conflict? Want better relationships and less stress in your family?

Register to hear Madhavi Nawana Parker talk about:

- why it is normal for siblings to fight
- how to reduce conflict by being proactive
- how conflict can be a chance to build children's skills and strengthen relationships
- keeping yourself calm and positive.

Register at <https://handling-sibling-rivalry.eventbrite.com>

You will also receive a link to view the webinar recording after the event. This session is designed for parent/carers of children 4-12 years.



Madhavi Nawana Parker, author, counsellor and Director of Positive Minds Australia

**Tuesday 16 June**  
 When: 7.00pm – SA, NT  
 7.30pm – Qld, NSW, Vic, ACT, Tas  
 6.15pm – Eucla  
 5.30pm – WA

Helping parents be their best

